

AMAZON RIVER LODGE

HELICONIA

TRAVEL GUIDE 2025

IQUITOS - RÍO AMAZONAS



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HELICONIA

Discover Heliconia Amazon River Lodge, one of the most exceptional lodges within the 40-hectare rainforest reserve at the Northern Peruvian Amazon. Experience authentic comfort during your rainforest stay amidst the wildlife, islands and lagoons, a perfect place to begin your low-impact Amazon adventure.

Explore the jungle, feel the wildlife first hand and appreciate the wonders of nature. Go trekking, bird watching as well as looking out for pink dolphins.



LOCATION / GETTING THERE

Heliconia Amazon River Lodge is located on the left bank of the magnificent Amazon River in Yanamono Communal Reserve, 80 km (50 miles) from Iquitos City.

From Lima, take a 90 minute flight to Iquitos via domestic airlines with several daily flights. From the Iquitos Airport, we will transfer you Port, where you will board our motorized boat for 1.15 hours downstream along the Amazon River.

Transfers to the Lodge occur between 09:30 am.

From the lodge to Iquitos, will take place around 01:30 pm. We offer additional transfer service with an extra cost of USD 180.00 one way, per boat.

LODGE FACILITIES

Buildings constructed entirely of wood and roofed with leaves palm:

- The Reception and Lobby
- Dining room for 100 people
- Bar MUYUNA
- Hammock house and outdoor pool
- Library and Play Room
- 26 Rooms
- Auditorium

SERVICES

- Airport shuttle
- Bilingual Staff
- Guided Jungle Excursions
- Electricity by solar energy will guarantee a wonderful and eco-friendly stay.

Departures from Iquitos to Heliconia Lodge:

- Departure: at 09:30 hrs.
- * Subject to change without notice.

Departures from Heliconia Lodge to Iquitos:

- Departure: at 13:30 hrs.
- * Subject to change without notice.

Other different hours from above have an additional cost of US\$ 180.00 per boat.

Groups over than 8 persons please contact us.

Check-in: 01:00 pm. Check-out 12:00 am





ROOMS

TRIPLE ROOM (11) & FAMILY ROOM (5)

Relish relief and respite in a spacious 32.50 square meter Triple and Family rooms that can accommodate double or twin, triple and quadruple occupancy. Near the Pool, Dining and Bar with panoramic windows and screened terrace overlooking the garden, the rooms are topped by a high-ceiling thatched-palm roof and outfitted with mesh screen to ward off mosquitos and insects. For your relaxation, a hammock is provided on the deck along with a rocking chair.

DOUBLE ROOM BUNGALOWS (4)

Take a unique jungle break in one of our 4 Bungalows which are distanced from the Lodge's common areas. Spot some lizards and fish as you walk along its corridor over a swamp with water 365 days a year. Soak up in the sizeable private 32.5 square meter bungalow with terrace provided with a hammock and rocking chair. Most ideal for couples in honeymoon for seclusion and privacy.

DOUBLE ROOM PLUS (6)

Experience absolute rainforest respite in the 32.50 square meter Double Rooms Plus available as double or triple, a distance from the pool, with terraces, topped by high-ceiling thatched-palm roof and outfitted with mesh screen to ward off mosquitos and insects.

Sleep in luxury of queen beds; appreciate its panoramic windows that look out to the garden and a screened terrace to the forest, provided with a hammock where you will have the opportunity to see different birds and monkeys and hear their peculiar sounds.

AMENITIES:

- Ceiling fans.
- Panoramic windows and screened terrace overlooking the garden.
- For your relaxation, a hammock is provided on the deck along with a rocking chair.
- Private bathrooms.
- Nightstand, safety box, closet, flashlight, and rubber boots (on request).
- Electrical outlets to charge your laptop, tablet and other devices.

COMMUNICATION AND TELEPHONE

Internet located in all the rooms, lobby and restaurant.
There is limited telephones and cellular phone coverage at the lodge.

ELECTRICITY

Electricity is available.
Electric Power: 220V* 60Hz* Type A Electrical Outlet.

MEDICAL ASSISTANCE

Our medical kit in Heliconia Lodge is basic to counteract insect bites, indigestion, headache or fever. In case you require a professional service we have a medical service in Yanamono Medical Clinic. Medical service is not included in the program prices.





DINING

Inspired by the tropical flavors of the Amazon region, meals and beverages at Heliconia Amazon River Lodge are prepared with fresh local ingredients. We serve an international buffet breakfast.

Lunch and dinner includes starter, main course, dessert and beverages. .

All meals include a variety of salads and fruits. Drinks included: seasonal fruit drinks during meals, coffee, tea and water.

Breakfast: 07:30 am. Lunch: 12:30 m. Dinner: 07:00 pm.

Bar schedule: From 11:00 am to 03:00 pm and 06:00 pm to 11:00 pm.

Additional and alcoholic drinks are available at extra charge / personal account.

ACTIVITIES AND EXCURSIONS



PINK DOLPHIN SIGHTING

Take a twenty-minute boat ride down Amazon River to try to spot some “pink dolphins” (*Inia Geoffrensis*) as they leap and swim about.



GLIMPSE THE GIANT WATER LILY

Embark a boat towards a lake in Yanamono island (best on high tide) where you will be able to see the “Queen of water lilies”, the Victoria Regia-Amazonian Giant Water Lily.



NATURE DAY TREK

Set out to a jungle hike into the Yanamono primary rainforest reserve, for approximately two hours accompanied by our expert guides. They will show you how to identify several flora species such as heliconia flowers, medicinal plants and giant trees.



NATURE NIGHT HIKE

Go on an enchanting evening trek within the secure periphery of the Lodge and you will witness the entrancing transformation from daytime to a night atmosphere.



BIRD WATCHING

You will wake up very early in the morning to do bird watching in the area of Amazon River and its tributaries home to about 1,500 bird varieties.



NATIVE COMMUNITY IMMERSION

Get to know jungle living first hand in a riverside town in Amazon River to see an indigenous tribe of Yaguas Community where you will learn and see their way of life in the Amazon. See, learn and maybe support their heritage and traditions in the Amazon through handicrafts.



TRAPICHE TREAT

Take a ten minute boat ride to visit a family farm with a rustic sugar cane distillery located along the banks of the Amazon River close to Palmeras town. Watch how the locals process sugar cane extracts using horses and ferment sugar juice in wooden vats for a period of time to transform to alcoholic drink.



NIGHT BOAT RIDE

During high tide, take a boat ride along one of the Amazon River's tributaries for an exciting evening in the jungle, with no lights, perhaps just some jungle flora and fauna sparkling in the dark.



NATIVE FISHING

Embark on a pleasurable native fishing trip into one of the small tributaries of the Amazon River. Learn the local techniques of fishing, with a stick made from a plant bark, nylon line, hook and bait.



MONKEY ISLAND

Visit a family social enterprise focused on conserving and protecting endangered monkey species in the Northern Amazon.



CANOEING ON THE AMAZON RIVER

Its an exciting and safe activity that allows you to canoeing on the largest river and make a side-excursion into the flooded jungle or the small tributaries of the Amazon River.



REGULAR ITINERARIES

PROGRAMS:

AMAZING AMAZON PROGRAMS 3 AND 4 DAYS

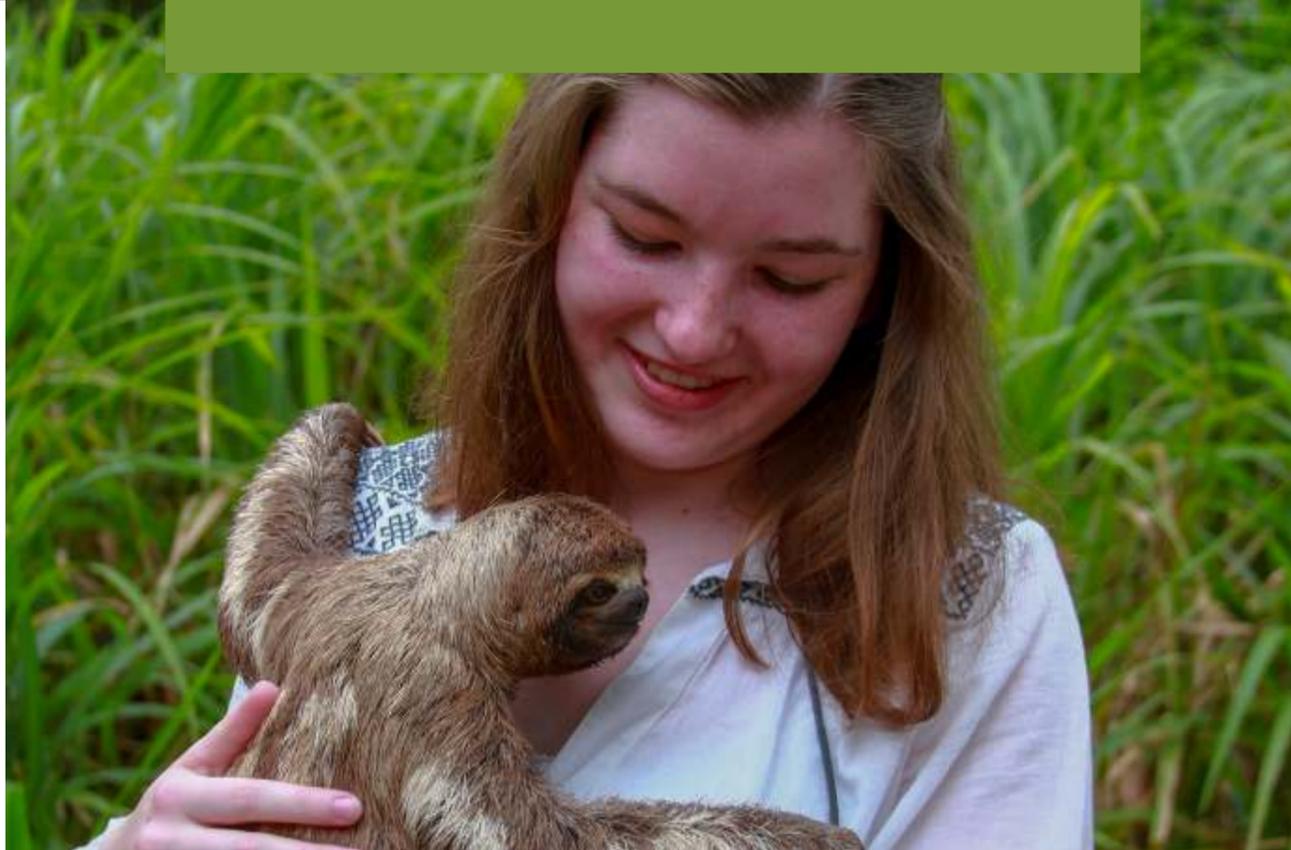
To help you experience an astounding Amazon Adventure we have prepared a most ideal suggested itinerary of 4 days and 3 nights, get to know more of the rainforest's mega biodiversity with a longer stay, appreciate more points of interests and make your enchanting rainforest foray worth its while.

ITINERARY IN BRIEF - 3 DAYS 2 NIGHTS:

DAY	FOOD	LOCATION	DESCRIPTION
1	L/D	Iquitos Rio Amazonas / Heliconia	Welcome to Iquitos, register and briefing at the Heliconia Office / Transfer to the Iquitos boarding wharf Motorized boat ride / Monkey Island Stopover / Arrival to the Lodge / Welcome drink and check-in Afternoon excursion - Nature Trek After sunset / Night Boat Ride Dinner / Overnight
2	B/L/D	Heliconia Lodge	Early morning Bird watching / Breakfast & Refresh Native Communitie immersion / Lunch / Fishing / Pink Dolphin observation / Night Hike / Dinner Overnight
3	B/L	Heliconia Lodge / Iquitos	Breakfast / Glimpse the Giant Water Lily Check out / Lunch / Transfer to and send off at Iquitos Airport.

ITINERARY IN BRIEF - 4 DAYS 3 NIGHTS:

DAY	FOOD	LOCATION	DESCRIPTION
1	L/D	Iquitos Rio Amazonas / Heliconia	Welcome to Iquitos, register and briefing at the Heliconia Office / Transfer to the Iquitos boarding wharf Motorized boat ride / Monkey Island Stopover / Arrival to the Lodge / Welcome drink and check-in Afternoon excursion - Nature Trek After sunset / Night Boat Ride Dinner / Overnight
2	B/L/D	Heliconia Lodge	Early morning Bird watching / Breakfast & Refresh Native Communitie immersion / Lunch / Fishing Pink Dolphin observation Night Hike Dinner Overnight
3	B/L/D	Heliconia Lodge	Breakfast / Glimpse the Giant Water Lily Trapiche Treat / Dinner Overnight
4	B/L	Heliconia Lodge/ Iquitos	Breakfast / Canoeing / Check out / Lunch Transfer to and send off at Iquitos Airport.



SPECIALIZED PACKAGES

BIRD WATCHING - 5 AND 7 DAYS

ALLPAHUAYO-MISHANA NATIONAL RESERVE, YANAMONO COMMUNITY RESERVE, AMAZON RIVER AND ISLANDS

These 5 and 7 Days program are the Birdwatcher's quintessential itineraries in the Amazon where you will visit one of the world's remarkable ecosystems, the Allpahuayo-Mishana National Reserve. This world-renowned Reserve is recognized for having the most biodiversity, and site of the rare white sand forest locally called "varillales". Contains more than 490 bird species; some twenty native, while others are so endemic they cannot live elsewhere in the planet. The Allpahuayo Mishana National Reserve is a bird watcher's paradise where new bird species are being discovered every year. Then, you will set off to some of the islands on the Amazon River, around Yanamono Reserve, such as the Hondococha (island in front of Heliconia Amazon River Lodge), Caño Cáceres, Quebrada Manco, and the varied forest areas around of Heliconia Amazon River Lodge where more than 450 species of birds have been recorded.

SPORT FISHING - 4 DAYS

The Amazon River and its tributaries is home to about 3,000 freshwater fish species, almost a third of all the freshwater fish species in the whole world. This extraordinary aquatic biodiversity has also created the richest freshwater sport fishery in existence. Heliconia Amazon River Lodge offers you more than just sport fishing; it's also about connecting with the nature and the local host community, supporting their livelihood resources while maintaining cultural and natural assets. Sustainable fishing practices are ensured as you enjoy low impact fishing activities.

Recommended Fishing season: Dry Season , from July to November

STUDY TRIP - 4 DAYS

Your expedition to the Amazon River offers a rare opportunity to see a totally different world, very detached from urban development where you will discover an astounding sphere of sheer nature and an effervescent biodiversity of flora and fauna. To help you experience an astounding Amazon Adventure and make your enchanting rainforest foray worth its while, we have prepared this suggested itinerary





RATES 2025

RATES 2025

Rates per person, expressed in USD Dollars.

PASSENGERS	PGRM 3D/2N Amazon 200	PGRM 4D/3N Amazon 300
02 to 04 passengers	USD 448	USD 580
05 to 07 passengers	USD 417	USD 564
08 to 10 passengers	USD 388	USD 545
11 to 15 passengers	USD 379	USD 525
More than 16	USD 367	USD 515
Single supplement	USD 108	USD 172
Additional night		USD 146

SPECIALIZED PROGRAMS

Rates per person, expressed in USD Dollars.

RATES 2025

PASSENGERS	FISHING		BIRD WATCHING	
	4 days / 3 nights	5 days / 4 nights	7 days / 6 nights	
02 to 04 passengers	USD 1456	USD 1242	USD 2,100	
05 to 07 passengers	USD 1417	USD 1242	USD 2,100	
08 to 10 passengers	USD 1377	USD 1242	USD 2,100	
Single supplement	USD 237	USD 374	USD 374	
Additional night	USD 617	USD 300	USD 300	

NOTE:

Rates are valid from January 1st 2024 to December 31st 2025. Additional services available upon request. Check-in 1:00 p.m. / Check-out 12:00 m Rates are subject to change without prior notice. Rates are exonerate from legal taxes according to law 27037.

Check-in: 13:00hrs, check-out: 12:00hrs. Additional services available upon request.

CHILDREN POLICY:

Children under 05 years old pay only 20% from adult rate according the program selected. Children between 05 and 12 years old pay only 70% from adult rate according the program selected. Children share room with their parents.

INCLUDED:

Round trip transportation by land and river (Airport / Lodge /Airport). Overnight at Heliconia Amazon River Lodge. Fullboard. House beverages during meals. English and Spanish interpreter services. Programmed excursions. Basic equipment for each activity.

NOT INCLUDED:

Airfare and local airport taxes. Travel insurance. Personal expenses and tips.

LUGGAGE: Boats allow one carry on of 10 kilos, per person. Extra suitcase: USD 10 or you can leave it in custody at the Victoria Regia Hotel & Suites free of charge.

FACT SHEET

Opening Year
 Last remodeling
 Land area
 Built area
 Maximum capacity
 Location

1998
 February 2016
 116,963.25 m2 on land 283,036 m2 of flood land on the island of Yanamono.
 2658.25 m2.
 100 people
 Forest Yanamono, Caserío Palmeras Zone I, on the banks of the Amazon River, District of Indiana, Maynas province, Loreto Region.

Facilities

Reception and Lobby / 112.65m2
 Dining room, bar and public restrooms / 384.00 m2
 Guest accommodation / 1,358.97 m2
 Yellow block - 6 bedrooms / 325.97 m2
 Red block - 4 bedrooms / 218.30 m2
 Green block - 6 bedrooms / 325.97 m2
 Orange block - 6 bedrooms / 325.97 m2
 4 Bungalows - 4 bedrooms / 126.76 m2
 Pool: 37.20 m2 Terrace: 160.00 m2
 Pool depth: de 1.40 a 1.80 mts
 Variable depht: de 1.40 m a 1.80 m.
 Auditorium: 300.00 m2
 Staff house 1 / 120.00 m2
 Staff house 2 / 200.00 m2

Passages:

Corridors connect the different modules

Electricity

220V* 60Hz* Tipo A

Electricity
 Water treatment System

Solar panels.
 The water is treated with chlorine and sulfate, and organic waste are disposed of in septic tanks.
 Security
 24 hours surveillance, shortwave radio, direct telephone to harbormaster.

Boats transfers to / from Heliconia

Heliconia I Licence B/F 18020-IQ / Cap. 12 pax.
 Heliconia II Licence B/F 18064-IQ / Cap. 12 pax.
 Heliconia III Licence B/F 20204-IQT / Cap. 6 pax.
 Heliconia V Licence B/F 14225-IQT / Cap. 20 pax.

Equipment on boats
 Excursion boats

Personal lifeguard, first aid kit, radio shortwave, rowing, etc.
 Zúngaro I Licence B/F 15904-IQT / Cap. 15 pax.
 Heliconia IV Licence B/F 21478-IQT / Cap. 15 pax.

Rooms / Yellow Block

Rooms / Red Block
 Rooms / Green Block
 Rooms / Orange Block
 Bungalows
 Ameneties

Rooms 1 and 2 (1 King bed + 2 twins) / 32.50 m2
 Rooms 3, 4, 5 and 6 (1 double bed + 2 twins) / 32.50 m2
 Rooms 7, 8, 9 and 10 (2 Queen beds) / 32.50 m2
 Rooms 15, 16, 17, 18, 19 and 20 (1 double bed + 2 twins) / 32.50 m2
 Rooms 21, 22, 23, 24, 25 and 26 (1 double bed + 2 twins) / 32.50 m2
 Rooms 11, 12, 13 and 14 (2 double beds) / 34.23 m2
 Private bathroom.
 Shampoo, soaps and towels.
 Rubber boots and flashlight (on request).





**AMAZON
RIVER**
EXPEDITIONS
TOUR OPERATOR

INFORMATION

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